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SECTION 30. Philosophy.

MANKIND AND SPIRITUALITY

Abstract: In this article some questions and aspects of historical moments of relationship between mankind and spirituality are considered.

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Introduction

Human's entire inner world consists of enlightenment. Body and nafs (longing), heart (soul) desires satisfying lusts (like instinct) are mostly inherent for animals. Human being is called "Adam" (conditionally "Human") because he/she can control these natures (features which are inherent for animals). If he/she cannot control them and follows after these natures obeying instinctively, in this case it should be better to keep calling this individual with "some name" hastily. We have intended to describe this casual theme in another article later.

Materials and Methods

As it is said in eastern parable that God created the body of Adam from clay and put the soul into it by music.

The God commanded the Devil (Azazel) who was one of His honorable creatures at that time, to carry out this task. The Devil went to the Paradise and saw the flying soul among lights. Then he took a flute and played it calling the soul to go into the body.

The Devil went into the body and the soul followed after him. When the Adam started to revive the soul of the Devil remained there.

Since when the beautiful music is played the human feels as if the soul goes into his body, he takes a pleasure and his spirituality excites. As a result desires of heart and body arouse, and the Devil rises.

Not without reason thinkers say that the music weakens the faith. When the modern hard music (metallic rock, pop and other hard music) is played people suddenly stir up and fall into a passion.

Perhaps the main reason of this goes to the case happened with the Adam.

This ancient parable is of deep meaning. Maybe, the Devil did not play music and did not assist the soul to enter into the body. Maybe the soul did not go into the body by the help of music. Perhaps there was another reason of arousing lusts and desires when the music was played. Whatever happened, no one can deny the fact that a body falls into a passion by the affect of the music.

There are some things which hold the human-being as a "Human", and even if we turn a blind eye to them in order to hide our evil interests we cannot ignore them.

Who is the Human-being, is he/she the most perfect creature or wild predator? Or is he/she the angel who can feel the God and the whole universe, has intellect, can imitate to the God's feature on ability to create something by deeds and efforts?

However some sources give such interpretation to the Human:

The Human – is alive intellectual being. The rareness of the Human is that he/she has a consciousness, ability to think and free choice. He can take a responsibility for his deeds, thinks morally, can speak, creates instruments and uses them. He has also feelings and abilities to excite, consent, deny, calculate, plan and other natures.

The Human seeks the something all his life which he does not know himself. Spirituality (psychology) controls him. The spirituality creates histories, periods, societies, and manages them, develops and terminates them.



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Most of great scientists consider that the consciousness controls the Human, the highest substance is the consciousness. Because the consciousness is the cumulation of knowledges on the world, universe and creatures and it is controlled by the spirituality which is formed by the information from outside.

What is the spirituality (psychology) like? It is the result of the interaction between heart and consciousness. Consciousness is formed above a brain, soul is formed above a heart as light and colorful steam. There is light-like stream connecting them each other. This stream brings developed final conclusions from consciousness to soul. It also brings feelings and senses from soul to consciousness. Several desires firstly appear in soul and immediately reflect in consciousness. The reaction of information in consciousness and feelings in soul create spirituality. The forms and levels of the spirituality depend on the forms and levels of information in consciousness and feelings in soul.

Appearance of soul is not looks like a one-hundred-page-book, it is similar to a one-thousand-page-book and it is lamellate (multilayered). If we say more in detail, it is alike eighteen-thousand-page-book. This needs to be identified by scientists of this sphere. They should invent what is each layer. While as we know, this multi-layeredness is horizontal and vertical. These layers vibrate from right to left and from up to down when information goes between soul and consciousness. The intensiveness of heart-beating depends on the level of these vibrations. If influential information comes from consciousness, these layers undulate as waves of sea and make a heart to beat intensely.

As great poet Alisher Navoi said, there is a very small distance between the words “qalb”(soul) and “qallob” (liar). On this extremely tiny distance soul can transform from goodness to evil-deeds (badness) in a second.

Soul is like an infinite ocean that scientists need thousands of years to research it.

Trends, influence to consciousness and inclination towards good or evil of human's soul depend on atmosphere of the period which his ancestors lived, his social origin, his social status, his financial position, his fortune or misfortune, information received by him, conclusion resulted from synthesis of happenings between his consciousness and soul and other life occasions.

As peculiarities of any plant are preserved in its seeds, human's natures, characters, genes, as well as consciousness, thinking, feelings and other habits are also kept in his children.

Good and evil (it would be better if we call it as feature which is inherent for animals) live inside of every person. Thus good and bad cells live in our body which call us to goodness or evil. These cells form good or bad aura. Sympathy of people to each other

are resulted from disposition of these auras between two poles. In this context signs of life are divided into good (inherent for human) and bad (inherent for animals) cells. If people develop themselves on which pole, this pole's cells will grow in quality and quantity. For example, if human goes on the good way and lives deservedly, respectively his good cells will strengthen and multiply, or vice versa. Therefore the preserving possibility of dominant and majority cells become very high in process of ovulation among people (man and women).

Sometimes parents and their friends who belong to noble or high stratum, surprise that why their children have become or are becoming immoral in spite of living under favorable and convenient conditions in educated families. E.g.: his elder brother is well-mannered, but he is evil-natured. Why?

There is one precious parable from history. Once upon a time a wise open-hearted man (master) lived in Bukhara city. He had four children. All of them were well-brought-up except the third one. Third boy was very ill-bred, always bullied and bothered others. Whatever the father had done, he did not cease bullying. Even once this wise man severely beat his son with his apprentices but his efforts went in vain.

Then his apprentices asked him:

- Teacher, you are famous and esteemed wise person who is honored with his purity. Why your this son is ill-bred, his heart tends to evil and his deeds are directed to immorality?

- There is a reason for this, - sad the wise man after deeply thinking.- When I was a teenager, from longing desire I had stolen and eaten one small bunch of grapes, because I had not had any money. I think my this son was created taking into account the result of this wrong food. It is my fault that my son has bad manner.

Therefore from ancient times in the East there were such requirements, as don't eat illegal foods, don't speak bad words, keep yourself every evil things, make your manner pure, pleasant and calm, go to good places, be friend with good people, keep your body clean and etc. About three thousand years ago there were precious moral instructions as to keep pure spirit and body in Avesta, because through “good thoughts and good deeds” it is possible to direct soul towards goodness, as a result consciousness is also directed to kindness.

Therefore the place of enlightenment and education is very crucial to build fair and highly developed society in this life. Human should have to breed and strengthen good natures in people, first of all their soul in spite of conducting upbringing measures containing ideology. To this end, enlightening measures aimed at upbringing soul should be carried out consistently and regularly taking into consideration ages, level of thinking and



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soul feelings of peoples' stratum in scientifically substantiated way.

We, as human-being, are engaged in upbringing of consciousness (self motivation, self-development, cognitive skills and etc.). Truly, results of these works are not bad, because any measures aimed at strengthening consciousness may give results partly. However consciousness-based measures cannot give 100 percent efficient results. When we speak about measures aimed at breeding soul they should possess their own system of implementation. Scientists should form this system scientifically according to levels of peoples' age maturity from the birth.

It is true that happenings and its secret ways of soul belong to Tasawwuf (religious direction or subject that learns matters of soul). In the East a lot of great thinkers went through these ways and brought plenty of pearls from there. These pearls have been serving in upbringing of human's soul as a significant cornerstone from thousands of years. They played essential role in expanding ideas of Sufism, breeding and correcting of human's soul during the Eastern Medieval Renaissance. However Tasawwuf is based on the religion and this fact requires scientific-based attitude for its implementation into life.

It is necessary to attitude to the methods of Tasawwuf scientifically, progressively and through modern outlook. In order to do this it is required hundreds of scientific-educational institutes and thousands of scientists. It is better to spend billions of dollars to such institutes and scientists instead of spending to wars and massacres. Scientists should have to enter into thinnest ways of soul and to develop the methods of how to direct soul and through which course. For example, in the East there was special science or method related to this issue. There were some requirements for young couples (bride and groom) which indicate how behave themselves, what food and fruits to eat, when and how to eat. Newlyweds kept themselves from the eyes of strangers during forty days and it was called "chilla". Such kind of preservation formed conditions for the birth of good-behaved child.

As a matter of fact, it is one less effective part of great ancient science. In this method both of bride and groom have already been touched by strange glances and infected until the wedding, and they have already seen dissolute places and immoral people. However the couples who keep themselves during forty days after wedding, have more chances to have

a good and healthy child than the newlyweds who went to immoral places and ate illegal foods.

This kind of method of moral behavior also exists among the peoples of Europe and other nations, or in some religions. E.g. the historically developed methods of Human upbringing in China, India and Tibet are known for everybody. However they are not researched scientifically and not systematically implemented into life. Taking only their religious side, we look only their appearance through alien glances, not their essence. In fact, they are not related to the religion at all. A lots of religious groups and sects use this situation in order to realize their goals under such slogans as "soul management", "spiritual peace", "realizing the God" and etc. Most of them turned their spiritual trainings into business. If we launch to breed the soul of Human in the time of pregnancy we don't need for such kind of groups and sects supposedly.

Conclusion

I think the mankind lives under more developed thoughts and intellect even the level of them are not satisfied. It will be reasonable if we clean the dust on the ancient science of our ancestors and use it for the sake of mankind's advancement through scientifically substantiated way.

It would be very great job, if we use the Tasawwuf correctly, learn it via scientific-based methods and implement it in managing and breeding of the Human's soul. There are several states and nations which have got enough results by using this practice. They attained these results via the political, enlightening, ideological and educational measures of their great leaders and scientists.

The upbringing process of soul is quite long, even it may continue thousands of years. Only through this way it is possible to keep majority of society from Devil's temptations and to reach spiritual peace.

It is unavoidable to correct this frozen world and behave of the human who has been misled. To this end it is indispensable to create unique movement in forming of good spirituality in the world.

Although it seems as reverie, there is no way to recovery and happiness without this. Otherwise the world and life continue as usual with immoral orders and relations which are nor inherent to the Human-being (wars, massacres, immoral behaviors and etc.).

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